

First annual meeting

October 13th 2021, from 13:00-17:15

Jeppe Vontillius auditorium, Lakeside Lecture Theatre, Aarhus University,
Bartholins Allé 3, 8000 Aarhus C

- 13:00** **Sandwich and networking**
- 13:30** **Introduction** Niels Jessen, chairman of the steering committee, Professor, Department of Clinical Medicine, Aarhus University and Head of Research, Steno Diabetes Center Aarhus
- 13:40** **DiRECT – a new paradigm for type 2 diabetes and its management** Mike Lean, Professor, School of Medicine, Dentistry & Nursing, University of Glasgow, Scotland
- 14:25** **Can nutritional changes reduce obesity in children?** Jens Meldgaard Bruun, Professor, Department of Clinical Medicine, Aarhus University, Steno Diabetes Center Aarhus and Head of National Center for Obesity
- 15:00** **Coffee and posters**
- 15:45** **The sense of smell is important** Professor, Thomas Hummel, M.D.; Smell & Taste Clinic, Technische Universität Dresden, Germany
- 16:30** **Food-Drug interactions and other show-cases from AU FOOD** Martin Krøyer Rasmussen, Assistant Professor, Department of Food Science, Aarhus University
- 17:00** **Closing remarks**

Keynote speaker Mike Lean

Mike Lean is Professor at School of Medicine, Dentistry & Nursing, University of Glasgow. He holds the chair of Human Nutrition, based at Glasgow Royal Infirmary, where he is also a consultant physician with NHS responsibilities for an acute medical ward and emergency receiving duties. **DiRECT** is a research study investigating whether offering an intensive programme for weight loss and weight loss maintenance would be advantageous for people with type 2 diabetes. Specifically, this programme aims to increase the number of people who can become non-diabetic.

Keynote speaker Thomas Hummel

Professor Thomas Hummel is head of research in the chemosensory systems at the Smell and Taste Clinic, Department of Otorhinolaryngology, Technische Universität Dresden. This includes an olfactory/gustatory dysfunction clinic also involving patients with neurodegenerative causes of olfactory loss, and investigations in the intranasal trigeminal system. Investigations are performed using electrophysiological (olfactory event-related potentials, recordings from the mucosa of the nasal cavity), psychophysical, and imaging techniques (PET, fMRI). Many of these widely used techniques of olfactory function testing have been developed with his help, like the Sniffin Sticks, the taste strips, and the olfactory event-related potentials.

Registration

Register at <https://events.au.dk/foodandnutritionannualmeeting2021> . Deadline October 1st.
